



YOU'VE GOT style

Part 2: Powerful Prayer

In this conversation we've been exploring how you can best connect with God. We're incredibly busy but our business can keep us from spending time with God, but we need to connect with Him. Talking to God in prayer is a vital way we can grow a relationship with God, just like you need to talk to your friends in order to invest in your friendships. In Luke, God teaches us that there are four main principles for good prayer life: disconnect to connect with God, pray personally, pray persistently, and pray expectantly. God gave us these suggestions instead of a script to remind us that there is not a formula to pray the perfect prayer.

Bottom Line: Prayer is a pathway to connection with God.

Discussion Questions

- If you are in a relationship with God, how do you currently connect with Him?
- What is one common misconception that you've heard about prayer? (It's too hard, it has to look a certain way, it feels weird...)
- If you had to rate your current prayer life on a scale of 1-10, what would you rate it and why?
- Read Luke 11:1-10. What stands out to you about this passage?
- Do you struggle to disconnect in order to connect with God? What's one way that you can disconnect in order to connect with God?
- Here are some suggestions for each pathway to pray. What are other ways that you can spend good time in prayer with God?
 - **Traditionalists:** Quote prayers.
 - **Naturalists:** Pray outside, out loud.
 - **Intellectuals:** Pray silently or while reading books that challenge your faith.
 - **Contemplatives:** Write out your prayers.
 - **Ascetics:** Find a spot to be alone to pray.
 - **Activists:** Pray as you serve.
 - **Caregivers:** Pray with people.
 - **Enthusiasts:** Make lyrics your prayers.
 - **Sensates:** Light a candle while you're praying.

- Read Galatians 22:-23. Which of the fruits of the spirit do you think you're strongest at? Which of these do you need the most help with?
- How can you hold yourself accountable to connecting with God this week?

Moving Forward

If we disconnect to connect with God and pray personally, persistently, and expectantly, we will see a change in our lives. We will be in a better relationship with God and therefore will become better parents, students, friends, children, leaders, bosses, husbands, and wives. God wants to draw near to you. Draw near to Him.