



Part 1: Why More Never Makes You Happy

Big Idea

Contentment is not found in having more; it is found in trust that God is enough.

Key Scriptures

Matthew 6:19-34

Discussion Questions

- What's something you really wanted as a kid that you saved up for or begged for? Once you got it, how long before it lost its shine?
- When you do your grocery order online and see the total, what's your honest first reaction, and does it match how much you actually bought?
- This week's message pointed out that people in Griffin are in the top 6–7% of the world economically, yet most of us don't feel wealthy. Why do you think we struggle to feel like we have enough, even when objectively we do?
- Have you ever reached a financial milestone: a pay rise, paying off a debt, buying something you'd wanted, and found that the sense of relief or satisfaction didn't last as long as you expected? What was that like?
- What stood out to you most from the message this week?

Read Matthew 6:19-34

- What do you think Jesus means by 'treasures on earth' in your everyday life, what kinds of things would fit that description today?
- What stands out to you about the contrast Jesus draws between where we store treasure and where our heart ends up?

- Is there an area of your life where you've noticed your heart following your money, either toward something healthy or away from it?
- Jesus uses the word 'master' here, not just preference or habit. What does it look like practically when money is acting as a master in someone's life?
- The message introduced the idea of an 'internal money story.' The narrative about money we absorbed growing up. What's one thing you picked up about money from your family that still shapes how you think or feel about it today?
- Jesus frames contentment as a faith issue, not just a financial one, asking 'why do you have so little faith?' rather than 'why aren't you more content?' What difference does it make to see it that way?
- Morgan Housel said: 'The hardest financial skill is getting the goalpost to stop moving.' Where in your life do you notice the goalpost moving, and what tends to move it?
- The message asked: if you lived on a deserted island where no one could see you, how would you live? What does your honest answer to that reveal about what actually drives some of your financial decisions?
- The idea of an 'Enough List' came up, a deliberate line where you decide what's enough for you and your family. Does that idea feel freeing, uncomfortable, or somewhere in between? What makes it hard?
- For someone exploring faith for the first time, the idea of trusting God to 'provide enough' might sound abstract. What does that actually look like in real life — how have you personally experienced it, or how would you explain it to someone new to faith?

Challenge Question (For Takeaway):

This week, try the Enough Exercise:

1. Write two columns: Needs and Wants. Be honest about what your culture has marketed as a 'need' that is really a want.
2. Based on that list, write out your personal 'Enough Line': what income, what lifestyle, what possessions represent genuine enough for you.
3. Bring that list to God in prayer and ask: 'What does trusting you look like for me in this season?'

The goal isn't guilt, it's freedom. Knowing your enough line is how you find your financial sweet spot.

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