

A BETTER QUESTION

Part 2: Filled Full

If the only things that concern you are about you, there is work to do. Ultimately, we save ourselves from ourselves by choosing not to be all about ourselves.

Scripture: Mark 8:34-35

Bottom Line: Devote yourself to more than yourself so you will have more than yourself to show for yourself.

Discussion Questions

- Are you a goal-setting person? If so, would you say your goals have a healthy balance of being geared toward improving your own life and improving the lives of others? Explain.
 - If you've set goals, how are they going so far?
- Do you think self-improvement can become too self-focused? Why or why not?
- Have you ever felt there was a problem in the world, or in your life, that was "too big" to address? How did you respond?
- Read: Mark 8:34-35
 - What stands out to you from the passage?
 - How is 'taking up your cross' different from simply improving yourself?
- How do you feel about the idea that "there is not enough of you to fill you?" Does this resonate with your own experience?
- Is there an area of your life you're currently hanging onto?
 - Is there an area of your life you could "give up your life" for a greater purpose?
- What practical steps can you take to address what breaks your heart?

Weekly Challenge

Take some time this week to reflect on the past week, or month. What have you been most concerned about? How much of it centered around yourself?