

PART 2: The Breath of Life

Introduction

We tend to think God was involved in the beginning. Jesus came later, and the Holy Spirit followed. But that isn't the case. From the beginning, the Holy Spirit brought order to chaos and light to the darkness. That was true in creation, and that can be true in your life too.

Discussion Questions:

- What do you do to slow down and catch your breath? How does taking time to breathe impact the way you view your current circumstances?
- Do you tend to think of the Holy Spirit as coming into existence after Jesus, or do you think of the Holy Spirit as having always been a part of God? What has contributed to this way of thinking for you?
- Do you view the Holy Spirit as part of God who comes and goes upon God's direction, or is the Holy Spirit personal and present for you? What makes you feel this way?
- Read John 3:1-9, 16.
 - Have you ever thought, like Nicodemus, that being good makes you good with God?
 - In response to Nicodemus, how does Jesus say someone enter into the kingdom of God?
- When someone believes in Jesus' death and resurrection for the forgiveness of their sin, the Holy Spirit gives them the breath of life. How do you define the "breath of life"?
- What does it mean to you for all of heaven to celebrate when someone is born again?
- What is keeping you from placing your faith in Jesus breathing in the breath of life? If you have already put your faith in Jesus, what have you done differently since choosing to follow him?

Moving Forward

We don't have what it takes to navigate life on our own - to create peace out of chaos, to create joy out of sorrow, to create gentleness and kindness out of anger and pain. We may be capable of creating physical life, but only the Holy Spirit can redeem our spiritual lives.

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish, but have eternal life." - John 3:16

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