



Now What?

Part 3: *Demystifying the Holy Spirit*

Big Idea

The Holy Spirit isn't weird; He's helpful.

Key Scriptures

- John 14:15–17, 25–27
 - Romans 8:11, 26–27
 - Galatians 5:22–23
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Discussion Questions

- What's something you used to find confusing or mysterious—but now makes more sense?
- If someone asked you, "What is the Holy Spirit?", what would you say?
 - How confident do you feel about that answer?
- What words or images come to mind when you hear "Holy Spirit"? Where do you think those impressions came from?
- Read John 14:15–17 and 25–27.
 - What role does Jesus say the Holy Spirit plays?

- How does that description compare to how the Spirit is talked about today?
 - How does thinking of the Spirit as an advocate, helper, or counselor impact your view of Him?
 - Read Romans 8:11 and 26–27.
 - How do these verses help you understand the Spirit’s presence in your everyday life?
 - How do you usually respond when you're feeling stuck, anxious, or spiritually dry?
 - Do you invite the Holy Spirit into those moments—or do you try to figure it out on your own?
 - Read Galatians 5:22–23.
 - Which of these qualities feel most present in your life?
 - Which one feels like it’s missing or needs to grow?
 - Chris said, *“You don’t need to feel spiritual to be led by the Spirit. You just need to be open.”*
 - What would it look like to be open to the Spirit in a practical way this week?
 - Do you think growing in the “fruit” of the Spirit is more about effort... or environment? Why?
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Challenge Question (For Takeaway):

Pick one fruit of the Spirit you want to grow in.

Each day this week, pray:

“Holy Spirit, help me grow in _____ today.”