

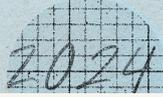
# A BETTER QUESTION

Lose weight  
Eat healthier

Save money  
Get organized

Read more  
Quit smoking

Pay off debt  
Advance in my career



1

If you could push a button and change one thing in the world, what would it be?

2

What are you doing about it? If nothing, why?

3

What could you do? What's stopping you?